

Gender Sensitization Activities (2021-22)


DB Pampa College, Parumala

Report:

Embarking on a transformative journey towards fostering a more inclusive and equitable campus environment, DB Pampa College in Parumala dedicated the academic year 2021-2022 to a comprehensive array of Gender Sensitization Activities. Recognizing the imperative to cultivate awareness and understanding of gender-related issues, the college undertook a series of initiatives aimed at promoting dialogue, empathy, and empowerment.

Setting the tone for the academic year, DB Pampa College conducted a compelling webinar on Women Empowerment on July 17, 2021, organized by the National Service Scheme (NSS). Dr. S. Saradakkutty, a distinguished speaker in the field, led the session, providing valuable insights into the multifaceted aspects of women's empowerment. Building on this momentum, another enlightening webinar titled "Pennanubhavangalude Prathirodha Padavam" (Female Experiences: Resistance as Talent) took place on July 25, 2021, featuring the esteemed speaker Adv. C. N. Premkumar. This session delved into the challenges and triumphs of female experiences, fostering a nuanced understanding of the resistance that women often encounter in various facets of life. Both webinars played a pivotal role in initiating meaningful conversations around gender sensitization, laying the foundation for a year-long exploration of gender-related issues within the college community.

Furthering the commitment to fostering a gender-sensitive campus culture, DB Pampa College organized targeted gender awareness classes for various academic disciplines during the month of August 2021. On August 9, English and Botany students participated in an enlightening session, while Chemistry and NCC students engaged in similar classes on August 10. The series continued with Physics and Zoology students on August 11, followed by Economics and Maths students on August 13. The sessions provided a platform for students to delve deeper into gender-related issues relevant to their respective fields of study. Renowned speakers Shan Gopan, Executive Director of Disha, and Adv. Aswathi Das, along with Sherif M., facilitated these classes, imparting valuable perspectives and fostering an inclusive mindset among the students.



In an earnest endeavor to celebrate and promote the well-being of women, the Department of Physical Education at DB Pampa College celebrated National Women and Fitness Day. Taking place on September 30, 2021, this program aimed to emphasize the importance of physical fitness and health among women. The event not only recognized the significance of empowering women through various physical activities but also sought to break stereotypes and encourage an inclusive approach to fitness. Participants engaged in a variety of fitness sessions, workshops, and activities tailored to cater to diverse interests and fitness levels. The National Women and Fitness Day Celebration served as a holistic platform, aligning with the broader objectives of gender sensitization by promoting women's physical well-being and fostering a positive and supportive environment within the college community. This unique initiative reflected the college's commitment to nurturing a holistic approach to education that recognizes and celebrates the diverse facets of individual well-being.

As the academic year 2021-2022 at DB Pampa College concludes, the comprehensive array of gender sensitization activities stands as a testament to the institution's unwavering commitment to fostering inclusivity, awareness, and empowerment. From insightful webinars featuring distinguished speakers addressing women empowerment and resistance to gender-specific experiences, to targeted gender awareness classes catering to various academic disciplines, the college has undertaken a multifaceted approach to instilling a sense of equality and respect within its community. These initiatives not only provided valuable knowledge and perspectives but also created spaces for meaningful conversations and introspection. The active participation of renowned speakers, faculty, and students exemplifies the collective commitment to dismantling stereotypes, nurturing a supportive environment, and championing the cause of gender equality. As DB Pampa College looks towards the future, these initiatives serve as beacons, guiding the way for a more inclusive and enlightened educational environment that empowers individuals, regardless of gender, to thrive and contribute positively to society.

